

## Year 4 Home Learning Project

Choose 2 of these activities to complete at home with your family. Try to make sure at least one activity is a 'Create' one!

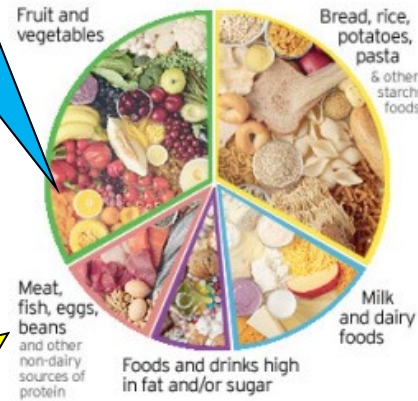
### Knowledge

To make an information booklet about healthy eating and a healthy life-style.

Eg. What is the right balance

Are there foods to stay away from?

Use diagrams



### Create

Design and make your own digestive system.



### Understanding

Pretend you are an apple that has just been eaten. Write about your journey through the digestive system.

- Remember to write it in the correct order.
- What happens to you at each stage?

### Apply

Design your own healthy food menu.

To include starter, main and desert.

You should write the recipe (not just paste it from the internet!

Remember you can always make the dish and take pictures.

### Create

Create your own model/sculpture of Krindlekrax. Use different materials and think about how you will stick them to-



**All to be completed and handed in by Friday 13th October.**

**Think carefully about content and presentation to get a gold certificate!**